

Pebbles

One little pebble and the circles begin,
Circle in a circle they go on without end
Ripples on the water move across the pond
The pebble disappears but the circles move along

Circles on water from one little stone
The water is smooth if you leave it alone,
Each pebble you toss makes a difference you see
The ripples that circle can touch you and me

Pebbles of awareness, pebbles of support
Circles of prevention, circles of hope.
No way to stop them once they begin
Stop and think a minute, then drop your pebble in.

Circles on water from one little stone
The water is smooth if you leave it alone,
Each pebble you toss makes a difference you see
The ripples that circle can touch you and me

The core information in “**Pebbles**” provides a framework for linking brain function with behavioural symptoms. The framework includes an approach for application of this understanding.

This is the **Pebble**. It provides a language that may be shared by parents and professionals.

This shared language and understanding enhances communication across all systems which is the ripple effect that contributes to change.

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Pebbles

Research based presentation on Fetal Alcohol Spectrum Disorder

Developed by:

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A Future Free of FASD

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Fetal Alcohol Spectrum Disorder

A brain-based approach for community partners

Fetal Alcohol Spectrum Disorder occurs around the world, in all countries where people drink alcohol. The universal effects of prenatal exposure to alcohol are difference in how brains work.

The Pebble

FASD is a brain-based physical condition. When Brains work differently, behaviours are symptoms, regardless of country, culture, level of education, job, position in the community, or income. The idea that behaviours are symptoms of how brains work differently is the core concept of this training session.

Benefits for communities, agencies, educators and employers

- ❖ Increases understanding
- ❖ Reduces frustration
- ❖ Increases support options
- ❖ Strengthens collaboration
- ❖ Increases awareness
- ❖ Improves early identification
- ❖ Reduces expenses and burdens on systems
- ❖ Reduces problems in the community
- ❖ Contributes to prevention through health and healing

Pebbles training takes about 8 hours and can be done in timely increments that would work for individual organizations or agencies. It is expected that both the presenter and agencies will continue with follow up contact and sessions after the Pebbles training is completed. Sessions are available by booking at the NWR FASD Society-Mackenzie Network.

Presenter:

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